

BlueCare

*The doctor will see you
anywhere, anytime!*

BlueCare lets you have doctor visits online,
without taking time off from work or school.

BlueCare is:

- 24/7 - no appointment needed
- Open to you and any dependents (children, spouse, etc.) covered on your plan
- Faster than going to an ER or urgent care clinic
- Available on a computer, tablet, smartphone or any device with internet and a camera
- Secure and works like an in-person visit



BlueCare mobile app is available for download on Android and iPhone! On your first visit, create a member account and log-in that you will use each time you use BlueCare.



www.BlueCareLA.com

 Louisiana

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BlueCare costs less than going to the ER or urgent care clinic, and is a good way to treat minor health conditions like:

- Sinus infections
- Cough or cold
- Rashes
- Allergies
- Bladder infections
- Pink eye
- Mild stomach bugs (throwing up, diarrhea)

You can also use BlueCare to get a prescription or to check in with a doctor if you need a follow-up visit.

How it works:

- Visit www.BlueCareLa.com or download the BlueCare mobile app on your iPhone or Android device.
- On your first visit, create a member account. Log in to that account each time you use BlueCare.
- Select a physician and connect. All physicians are U.S. trained and board certified.
- You should plan to pay \$39 at the time of your BlueCare visit. Depending on your plan type and benefits, you may get a refund from Blue Cross later.

www.BlueCareLa.com

Some restrictions apply. As with any medical service, follow the doctor's advice – if the BlueCare doctor tells you that you should go to a clinic or hospital to be treated in person, you should do so. Powered by American Well. American Well is a vendor that provides the BlueCare telemedicine platform for Blue Cross and Blue Shield of Louisiana and its subsidiaries.



About Blue Cross and Blue Shield of Louisiana

Founded in New Orleans in 1934, Blue Cross and Blue Shield of Louisiana is the state's oldest domestic health insurer, serving 1.5 million members. Blue Cross is a private, fully taxed nonprofit company, mutually owned by our policyholders—not shareholders. Headquartered in Baton Rouge, we have more than 2,300 employees and eight regional offices.

With our subsidiaries, HMO Louisiana and Southern National Life, we provide group and individual health insurance plans, life and disability insurance, group voluntary products and administrative services to one out of four Louisiana residents.

We are dedicated to transforming the healthcare industry in Louisiana into one that delivers high-quality health outcomes for our customers with top-notch service at more affordable costs.

Customer Service

 1-800-495-BLUE (2583)

 www.bcbsla.com
For help online 24 hours a day

 5525 Reitz Ave.
Baton Rouge, La 70809



We have eight regional offices around the state. Find us at any of the following locations.

Alexandria | 318-448-1660
4508 Coliseum Blvd., Suite A, Alexandria, La 71303

Baton Rouge | 225-295-2556
5525 Reitz Ave., Baton Rouge, La 70809

Houma | 985-223-3499
1437 St. Charles St., Suite 135, Houma, La 70360

Lafayette | 337-232-7527
5501 Johnston St., Suite 200, Lafayette, La 70503

Lake Charles | 337-562-0595
219 West Prien Lake Rd., Lake Charles, La 70601

Monroe | 318-323-1479
2360 Tower Dr., Suite 102, Monroe, La 71201

New Orleans | 504-832-5800
3501 North Causeway Blvd., Suite 600, Metairie, La 70002

Shreveport | 318-795-0573
411 Ashley Ridge Blvd., Shreveport, La 71106